

Getting your cat to the veterinarian

How to reduce the stress of veterinary visits



It's time to take your cat to the veterinarian. We know cats aren't the best travelers and the car ride and visit can be stressful. You can make this a much more pleasant experience by following these helpful tips and using Feliway®.

Ideally, the cat carrier should be out in the open at all times. To make the carrier a positive experience, you can feed your cat in the carrier and place soft bedding in the carrier. If you are not able to leave the carrier out at all times, then at least one week prior to visit:

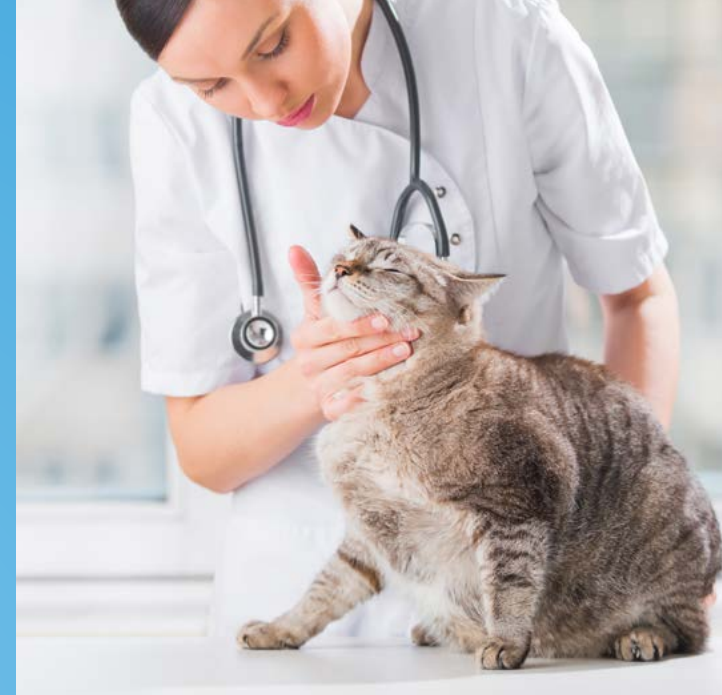
1. Put the cat carrier in a room where your cat spends a lot of time and prop open the door so she can explore it.
2. Place familiar soft bedding in the carrier to encourage your cat to spend time in the carrier.
3. Place treats, catnip or toys in the carrier throughout the week.
4. Every day, spray or wipe the carrier with Feliway. Feliway contains a reassuring pheromone that helps your cat feel safe and secure.

Note: If your cat is going to have a procedure, be sure to ask your veterinarian for instructions about food and treats.



The day of the visit:

1. Spray or wipe the inside of the carrier with Feliway 10 minutes before putting your cat in the carrier. This will allow the alcohol to evaporate. Also, spray a towel that you'll use to cover the carrier with.
2. Put a treat in the carrier to entice your cat to enter it willingly.
3. If your cat doesn't enter the carrier willingly, remove the top of the carrier and place your cat in the bottom half and calmly replace the top.
4. Place the towel that you sprayed with Feliway over the carrier so your cat can't see out. Leave the towel on the carrier until the veterinarian is ready to examine the cat.



The return home from the veterinarian:

1. Reapply Feliway® to the carrier and towel.
2. As soon as the cat is in the carrier, place the towel over it until you have returned home.
3. If you have multiple cats at home, leave the returning cat in the carrier for a few minutes to see how all the cats react. When everyone is calm and peaceful, let the cat out of the carrier.
4. Give treats or affection to your cat as she gets home to associate good things with her carrier and the car ride.

What is Feliway®:

Feliway is a synthetic copy of the natural facial pheromone that cats use to mark their areas as safe. Cats recognize the pheromone in Feliway, which helps them feel calm, safe and secure. Feliway is clinically proven to help reduce stress-related behaviors due to travel such as excessive meowing, vomiting or eliminating. Feliway can also help reduce or eliminate common behavioral issues such as urine spraying and vertical scratching. For more information, ask your veterinarian how Feliway can help your cat.



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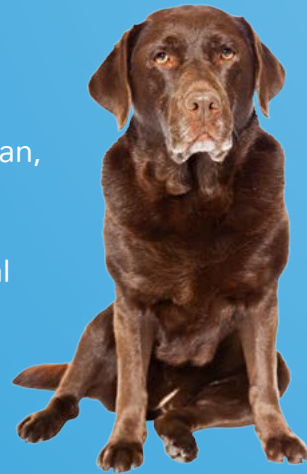
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It's time to take your dog to the veterinarian. Some dogs get stressed during the visit. You can make this a much more pleasant experience by following these helpful tips and using Adaptil®:

Before and during the veterinary visit:

1. Spray or wipe the inside of the car where your dog will sit with Adaptil 10 minutes before leaving home. Let the alcohol evaporate before putting your dog in the car. You can spray or wipe any type of surface.
2. If necessary, use a treat to entice your dog to get into the car.
3. Keep small treats on hand during the entire visit as rewards and distractions.

On the ride home from the veterinarian, reapply Adaptil 10 minutes before leaving the hospital



What is Adaptil®:

Adaptil is a synthetic copy of the natural pheromone that mother dogs emit after puppies are born. This pheromone helps puppies feel reassured and secure. Dogs of all ages recognize this pheromone and it makes them feel confident, safe and secure. Adaptil can help reduce or eliminate behaviors brought on by stressful situations such as visits to the veterinarian, loud noises, travel stress and other situations that cause dogs anxiety. For more information, ask your veterinarian how Adaptil can help your dog.

Adaptil is clinically proven to significantly reduce travel related stressful behaviors such as shaking, panting and vomiting.

1.



The dog takes in the pheromone through special nerve bundles.

2.



These signals are immediately sent to the brain where they are interpreted.

3.



Your dog immediately understands the calming message, facilitating a more relaxed state.



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