



# Navigating vet visits: a roadmap for a calmer cat

Help your cat stay calm before, during, and after their veterinary visit with simple steps and FELIWAY® support.



## Before the visit: Set the stage for calm



**Use FELIWAY® *Optimum* diffuser:** Plug in at least 1 week before your vet visit to create a calm environment at home.



**Spray with FELIWAY® *Classic*:** Spritz a towel or blanket with FELIWAY® *Classic* and place it in the carrier. Wait 15 minutes before introducing your cat.\*



**Leave the carrier out and create a calm space:** Leave the carrier out a week early so your cat can explore it freely. Create a safe space in the carrier: Add familiar items like toys, a comforting blanket, or a towel.



**Practice gentle handling:** Touch and handle your cat gently in the days leading up to the visit.



**#1 Vet-Recommended Brand**  
Backed by over 25 years of feline stress expertise and scientific research



**\*DO NOT SPRAY ON CATS.**

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## During the journey: Keep it calm and safe



**Stabilize the carrier:** Keep it stable and partially covered to reduce external stressors.



**Follow safe travel practices:** Never let your cat roam freely in the car.



**Create a soothing atmosphere:** Speak softly and consider playing low-volume classical music.



**Expect normal stress responses:** Meowing or accidents may happen. Never punish—stay calm.



## At the clinic: Enhance calm with team support



**Inform the clinic staff:** Let your vet team know you're using FELIWAY® products.



**Calming environments:** Many clinics use FELIWAY® *Optimum* diffusers in waiting areas to ease stress.



**Treatment room prep:** The veterinary team may spray FELIWAY® *Classic* on the exam table, towels, or even their gloves (away from your cat's face) to create a calming space.



## After the visit: Support a smooth homecoming



**Provide a quiet reentry:** Let your cat emerge from the carrier when they feel ready.



**Monitor recovery:** Keep an eye on their appetite, litter box habits, pet dynamics and hiding behavior.



**Continue FELIWAY® *Optimum*:** Keep using the diffuser at home to support ongoing calm.

